



## OFFICIAL INVITATION

### The International Powerlifting Federation

and

### the Danish Powerlifting Federation

invite

the IPF member nations to participate in the

### World Open Powerlifting Championships 2022

From 14<sup>th</sup> – 19<sup>th</sup> November 2022

in Viborg, Denmark

**Please note: all information is posted only for information purposes. All team selection, all official entries for the Championships and all hotel bookings must be done by IPF-Member nations, NOT by individuals.**

**Meet Director:** Morten Rasmussen  
E-mail: [morten@viborg2022.dk](mailto:morten@viborg2022.dk), Phone: +45 3011 5058

**Correspondence, visa:** Peter Vestergaard  
E-mail: [visa@viborg2022.dk](mailto:visa@viborg2022.dk), tel: 0045 25 29 73 07

**Accommodation and transport:** Tom Adelholt  
E-mail: [transport@viborg22.dk](mailto:transport@viborg22.dk), tel: 0045 41 61 68 00

**Technical Secretary:** 13. November – 16. November Bjarke Olsen  
17. November – 19. November Danny Bill Møller  
E-mail: [kontor@styrke.dk](mailto:kontor@styrke.dk), tel: 0045 43 26 21 70

**IPF Championship Secretary:** Gaston Parage, 3, route D'Arlon, L-8009 Strassen, Luxembourg  
Mobile Phone: +352-621165214, Fax: +352-582696,  
E-Mail: [Gaston.Parage@powerlifting.sport](mailto:Gaston.Parage@powerlifting.sport)

**Host City:** Viborg, Denmark

**Date:** 14<sup>th</sup> – 19<sup>th</sup> November 2022

**Venue:** Tinghallen/ComTech Arena

**Technical Meeting:** Sunday November 13, 20:00 at the Tinghallen

**Hotel 1:** Peak 12

**Hotel Rates:** **Prices for night per room with breakfast**  
(single room – 1 person) 1095 DKK per night/room  
(twin room – 2 persons) 1195 DKK per night/room

**Booking and Payment:** Maja Ramusovic Laursen, Tinghallen  
Phone: +45 86 62 61 00, E-Mail: [maja@tinghallen.dk](mailto:maja@tinghallen.dk)

All reservations and payments are made directly with the Tinghallen.

**Note 1:**

All athletes, coaches, referees or officials from each federation must stay in the official hotel during the entire time in attendance at the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the entire time in attendance at the championship, they will be obliged to pay an administration fee of 100 EUR per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (By-Laws 14.9).

**Note 2:**

The organizer will not be responsible for any hotel bills of the participating Nations. Each Team manager will be responsible. **All rooms must be booked at the latest with the deadline of the final nomination – 24th October 2022. After the deadline the organizer cannot guarantee the accommodation.**

1. Bank transfer against the invoice - **on the basis of a requirements of participants only against the invoice** (EUR according to the current exchange rate).

Payment must be received at the above mentioned bank account at the latest **14 days prior to the beginning of the Championship.**

**Accommodation fees** shall be paid by bank transfer to the bank account of the organizer to following bank account: **IBAN DK2375650001015937 Bic code :JYBADKKK**

2. Credit Card

**Arrivals/Transportation:**

Transport from/to airport will be by bus: The bus leaves accordantly to arrival and custom service at Billund Airport Price for one way trip is DKK 375 tickets when purchased online at <https://bit.ly/3BeA2Qw>. Ticket are for sale from 1. July 2022.

**Scales:** Scales available in the official hotel and venue (Tinghallen, sublevel 1) 24 hours

**Training:** Available in the local powerlifting club, close to the venue and hotel.

**Flag and anthem:** Will be provided by the Organizer.

**Opening Ceremony:** Monday 14<sup>th</sup> November, 12:30 at the Venue. All representatives from each participating country shall take part at the Ceremony.

**Closing Banquets:** 19th of November 20:00 at the BDO Loungen, Tinghallen Invitation by the mayor of Viborg, free of charge. Banquet reservation must be filed together with the final nomination.

**Participation Fee:** 50 € for each lifter declared must be wired to the IPF bank account

**Anti-Doping Fee:** 60 € for each lifter declared must be wired to the IPF bank account

**Health and Travel Insurance:** All delegate members must have a valid health insurance (it is also obligatory to have it at customs). The organiser and the IPF will not incur any expenses for a doctor or a stay in hospital. We recommend the travel insurance for covering loss of luggage, theft, delayed planes etc.

**COVID19 Regulations:** The Championship will be organised under strict COVID19 rules and regulations. IPF COVID Precautions are published on the webpage under the following link: <https://www.powerlifting.sport/fileadmin/ipf/data/championships/informations/2021/IPF.Covid.Precautions.pdf>  
Additionally, the IPF will follow to 100% the COVID Rules and Regulations of the Government from the host country (Denmark). ALL participants must follow the rules of the IPF COVID Precautions and the Rules and Regulations of the



Danish Government. Failure to do so, will cause a disqualification and exclusion from the championship.

### **Anti-Doping Information:**

For the:

#### **World Classic Powerlifting Championships**

1. You are **strictly liable** for any substance found in your body (or specimen). You may be charged with anti-doping rule violation for the presence or use of a prohibited substance or method, whether its use was intentional or not.
2. Always check your medications and supplements before consuming them to make sure they do not contain any substances or methods included on the [WADA Prohibited List](#).
3. [Educate](#) yourself on the risks of [taking supplements](#) and minimize your risk.

All athletes **must** successfully complete education through the World Anti-Doping Agencies (WADA) online education platform ([ADeL](#)) in order to be able to compete. You must submit your completed certificate from ADeL with your nomination for your registration to be complete.

4. Understand and [educate](#) yourself on your [rights and responsibilities](#) as an athlete, including but not limited to:
  - requirements for submitting whereabouts information
  - rights and responsibilities during [sample collection](#)
  - responsibility to avoid the use of prohibited substances and methods
  - consent to the use of your information
  - obligations to follow the [IPF Anti-Doping Rules](#) and all consequences deriving therefrom
5. All athletes participating at this event are classified as an International Level Athlete.

As an International Level Athlete, if you have a medical condition for which you need to take a medication or use a therapeutic method that is prohibited under the WADA Prohibited List, apply for a Therapeutic Use Exemption (TUE) to the appropriate organization (IPF or NADO) prior to the start of its use and at least 30 days before competing.

For athletes competing in the Sub-Junior and Masters level categories, you are not required to apply for a TUE in advance of being tested. However, if you do compete in one of these categories and you are take a medication that contains a prohibited substance you will be required to apply for a TUE retroactively should you be selected for doping control at this event.

For all anti-doping related questions, please contact [ipfantidoping@cces.ca](mailto:ipfantidoping@cces.ca).

**Nominations:** Team nomination forms must be in the hands of the Meet Director Morten Rasmussen, and the IPF Championship Secretary Gaston Parage not later than: 24<sup>th</sup> October 2022.

**Preliminary:** 15<sup>th</sup> September 2022 **complete filled in preliminary form must be sent. No final nomination will be accepted if complete filled in the preliminary was not sent).**

**Final:** 24<sup>th</sup> October 2022 **(later entries will not be accepted).**

All nominated lifters and officials must cover all Hotel costs if we have received no information about a cancellation 21 days prior to the championships, the same applies for the participation and anti-doping fees (IPF-By-Laws 12.9).

**21 Days Before Technical Meeting: 24<sup>th</sup> of October is the latest date for any removal of nominated lifters or cancellation of booked hotel rooms.** If not any withdrawal is made 21 days prior to the Technical Meeting



of an World championships or Cup, federations are bound to pay the reserved hotel rooms, participation and doping fees for all lifters specified at the final nomination form.

**Victory Ceremonies:** Will be held immediately after each lifting session. It is mandatory that each athlete wears their National Team Warm-up/Track Suit for the award presentation.

Correspondence: E-Mails regarding the championship must be sent to:  
Meet Director and IPF Championship Secretary Gaston Parage – [Gaston.Parage@powerlifting.sport](mailto:Gaston.Parage@powerlifting.sport)

### **Timetable World Open Powerlifting Championship 2022 – Denmark**

**Technical Meeting:** Sunday 13 November 2022 at 20:00

**Opening Ceremony:** Monday 14 November, 2022 at 12:30

Day	Weigh-in Time	Men/Women	Category	Start	End	Lifters
Monday, 14.11.22	08:00 - 09:30	Women	47kg	10:00	12:00	
		Opening	Ceremony	12:30	12:50	
	11:00 - 12:30	Men	59kg	13:00	16:00	
		14:00 - 15:30	Women	52kg	16:00	19:00
Tuesday, 15.11.22	08:00 - 09:30	Men	66kg	10:00	14:00	
	12:00 - 13:30	Women	57kg	14:00	18:00	
	16:00 - 17:30	Men	74kg	18:00	21:00	
Wednesday, 16.11.22	07:30 - 09:00	Men	83kg	09:30	14:00	
	12:30 - 14:00	Women	63kg B-Group	14:30	18:00	
		Men	93kg B-Group	14:30	18:00	
	17:00 - 18:30	Women	63kg A-Group	19:00	22:00	
	17:00 - 18:30	Men	93kg A-Group	19:00	22:00	
Thursday, 17.11.2022	10:00 - 11:30	Women	69kg	12:00	15:30	
	14:00 - 15:30	Men	105kg	16:00	20:00	
Friday, 18.11.22	08:00 - 09:30	Women	76kg	10:00	15:00	
	14:00 - 15:30	Men	120kg	16:00	21:00	
Saturday, 19.11.22	08:00 – 09:30	Women	84kg	10:00	14:30	
		Women	84+kg B-Group	10:00	14:30	
	08:00 – 09:30	Men	120+ kg B-Group	10:00	14:30	
	13:00 - 14:30	Women	84+kg A-Group	15:00	18:00	
		Men	120+kg A-Group	15:00	18:00	

### **Important Items to Remember**

Preliminary nomination forms must be sent not later than 60 days before the date of the Championship. Final nominations must be submitted no later than 21 days before the date of the Championship and must include only names from the preliminary nomination (i.e. only lifters from the preliminary nomination can be replaced by a substitute. No new nominations will be accepted).

According Technical Rules [Page 4, item 7] at the final nomination you must definite list the athletes, who will take part in the championship. At the Technical meeting you can only delete athletes from your final nomination no more change by weight class of any athlete is possible. The final nomination is valid for the competition.



Changes may occur to the timetable of events. All changes will take place at the technical meeting that will be held on Sunday November 13, 2022 at 20:00 hrs. Victory Ceremonies will be held at the end of each lifting session. It will be mandatory that each athlete wear their National Team Warm-up/Track Suit for the award presentation.

If the organizer does not receive confirmed cancellations of hotel rooms at least 21 days prior to the championship, all hotel costs will be the responsibility of nominated lifters and officials. The same applies to participation and anti-doping fees (IPF-By-Laws 12.9).

All athletes, coaches, referees or officials from each federation must stay in the official hotel during the entire time in attendance at the championship. If athletes, coaches, referees or officials do not stay in the official hotel during the championship, they will be obliged to pay an administration fee of € 100,-- per person to the organizer. Failure to comply will have the effect that they will not receive accreditation and will be excluded from that championship (IPF By-laws 14.4).

**Indemnity & Insurance:** All participating federations and its delegated athletes and officials agree to indemnity and not hold the organizing committee accountable for and against any claims for personal injury, financial loss, death or property damage, in any form, arising out of or in any way resulting from the participation in, postponement or cancellation of the said World Championships.

Gaston Parage  
**President IPF**

Klaus Brostrøm  
**DPF President**

Morten Rasmussen  
**Meet Director**